



ADVANCED HOCKEY TRAINING RELEASE AND INDEMNITY

In consideration of using the facilities and equipment of and participating in the activities and programs of "Advanced Hockey Training" located at 67-340 Southgate Drive, Guelph, Ontario N1G 4P5

I, the undersigned, acknowledge and agree as follows:

1. I recognize, understand and accept the risks associated with using the equipment of Advanced Hockey Training and participating in their programs and I further recognize, understand and accept that the risks include injuries, serious injuries, death and property damage; and,
2. I believe that I am physically, emotionally and mentally fit to participate in the activities and programs of Advanced Hockey Training and I further believe that my equipment is suitable for my use in participating in these activities and programs; and,
3. I acknowledge that I will be using equipment supplied by Advanced Hockey Training and I accept all risk in the use of such training equipment; and,
4. I accept that all applicable rules for participation in the activities and programs of Advanced Hockey Training must be followed and I further accept that I am solely responsible for my personal safety; and,
5. I will immediately remove myself from participation in activities and programs of Advanced Hockey Training if at any time I observe any unusual hazard of unsafe condition or if I have any deterioration in my physical, emotional or mental fitness for continued participation in the activities of Advanced Hockey Training.
6. On behalf of my spouse, heirs, executors, legal representatives and assigns (my "Successors"), I hereby,
 - (a) fully release, discharge, and agree to hold harmless and indemnify Advanced Hockey Training and the past and present owners, officers, directors, trustees, agents, contractors, employees, affiliated entities, predecessors, successors and assigns of each of the foregoing, and their respective spouses, legal representatives, heirs, executors, administrators, successors and assigns (collectively the "Releasees") from any and all manner of actions, causes of action, suits, debts, accounts, covenants, contracts, claims, and demands whatsoever which I or my Successors (and/or my minor child/ward and his/her heirs, executors, legal representatives and assigns) has had, now has or can shall or may have against the Releasees, or any one or more of them, arising from any injury, death, damage or loss which I and/or my Successors (and/or my minor child/ward and his/her heirs, executors, legal representatives and assigns) may sustain, or for or by reason of any other cause, matter or thing whatsoever, in connection with as a result of, arising out of, connected with, or in any way associated with my (or my minor child's/ward's) use of the equipment of or participation in the programs and activities of Advanced Hockey Training; and,
 - (b) agree to not to make any claim or take any proceeding in connection with any of the claims released by virtue of the proceeding paragraph against any other person or corporation who might claim contribution or indemnity from the Releasees, or any one or more of them, by virtue of said claim or proceeding; and,

- (c) assume full responsibility for the risk of bodily injury, death or property damage due to the negligence or gross negligence of the Releasees, or any one or more of them, or otherwise while I am (or my minor child/ward is) in, on or using the equipment of or participating in the programs of Advanced Hockey Training; and,
 - (d) agree to allow my (or my child's/ward's) photo, video or film likeness (collectively, the "Photos") to be used for any legitimate purpose in promoting Advanced Hockey Training, and I hereby waive any copyright which I or my Successors may have in the Photos; and,
 - (e) agree that this Release and Indemnity be construed as broadly and inclusively as permitted by the laws of the Province of Ontario, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect; and,
7. I the undersigned, warrant that I am eighteen (18) years of age or older and I am legally competent to execute this Release and Indemnity. If I am signing this Release and Indemnity as a parent or guardian of an individual who is under eighteen (18) years of age, then by signing this Release and Indemnity as a parent of such minor child/ward, I hereby give my minor child/ward permission to use the Hockey Facilities, and I further agree for myself and my Successors, and on behalf of the said minor child or ward, to all of the terms and conditions of this Release and Indemnity, including without limitation the releases, discharges and agreements to hold harmless and indemnify the Releasees contained herein, and the applicability of the wording included in brackets contained in this Release and Indemnity; and,
8. This Release and Indemnity contains my entire agreement with the Releasees, or any one or more of them, as to the subject matter herein contained, and I agree that the terms of this Release and Indemnity are contractual and not mere recitals; and,
9. I have carefully read the foregoing, and I fully understand the contents thereof and am signing this Release and Indemnity voluntarily, and I acknowledge agree that by so doing I am giving up certain rights which I and/or my Successors may have against the Releasees.

Date: _____

Signature (must be at least 18 years of age)

Address

City

Province

Postal Code

Name of Participant(s)

Name of Signatory Parent/Guardian
(If participant is under 18 years of age)

Phone Number

Email: _____

MINORS: Any individual under the age of eighteen (18) must obtain the SIGNATURE OF A PARENT OR GUARDIAN.